

# Healing Quilts in Medicine

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## Quilt Sizes and Details

Throughout this project, there has been some confusion about quilt and frame sizes. Here, briefly, are guidelines you can use when making your quilt.

### Quilt Sizes

The project guidelines describe three quilt sizes:

- 20" x 24"
- 24" x 30"
- 36" x 48"

### Considerations and Cautions

There has been some discussion about whether these quilt sizes are exact or if the quilts need to be a little smaller than the original sizes.

Each quilt will be measured and the specific frame that is needed will be ordered. It will simplify the process if quilters use the measurement guidelines.

If your quilt is  $\frac{1}{4}$  -  $\frac{1}{2}$  inch shorter than the measurement guideline, it will be a little easier to stitch the quilt to the stretcher fabric.

### Framing Process

To help clarify the quilt sizes, it might be helpful to understand how each quilt will be framed. Here's a summary. Each finished piece will consist of four components:

- A clear acrylic box frame
- A wooden frame that fits exactly inside the acrylic box
- Black fabric that is stretched to cover the wooden frame
- A finished quilt that will be mounted (hand-stitched) onto the black fabric

Once the quilts are finished, frames and the black fabric will be ordered. After everything arrives, the process can begin.

- First, the black fabric will be stretched on the wooden frames.
- Second, each quilt will be hand-stitched onto the black fabric covering one of the frames.

The wooden frames will be exactly the same sizes as the quilt sizes listed above. Even with the addition of the black fabric, the wooden frames will slide snugly inside the acrylic box.

- Last, the quilt will be placed inside the clear acrylic box frame.

### Questions?

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